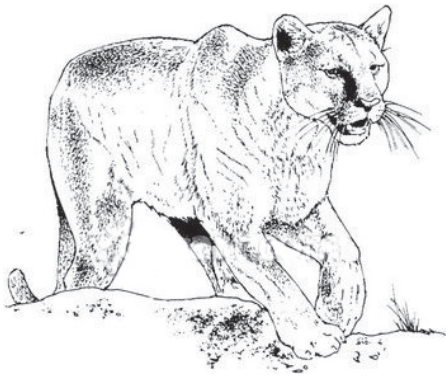


# IMS Mountain Lion Tracks

Incline Middle School Jr. Boosters Club Newsletter • [www.imsboosters.org](http://www.imsboosters.org)



- Office Update
- Incline After-school Organization
- Star Follies
- Woodleaf Camp
- IVGID Programs for Teens
- Links
- President's Page
- Counseling Corner
- Wrestling & Volleyball

## OFFICE UPDATE

from Sharon Kennedy, Assistant Principal/Site Administrator



### Dear Parents,

The following suggestions about homework are from a publication, *Middle Years; Working together for school success* (2009):

Many parents feel that it is impossible to get their child to complete homework in a timely manner and without argument. The authors of this article suggest that not only is it possible; anyone can do it successfully. In order to accomplish this, they suggest a few strategies.

- **Think it through before you start.** Help your child make a to-do list before beginning the assignments. For example, math problems, write a first draft of short story, read science article. The student should then number the assignments in order of difficulty for her. Suggest that she start with the most difficult first and then move on until the easiest is the last. Hopefully she will end on a positive note.
- **Think about time.** Brainstorm a list of possible time slots for working on homework. Everyone's schedules are different, but maybe your child can stay at homework club at school for 30 minutes to an hour and get some work done then. Encourage your child to try to get something done at school each day before they get home. There may be another period just before dinner and another right after the evening meal. The more you can help your child find time, the more she can likely complete without becoming frustrated.
- **Think positive.** If you can help your middle school child see the positive aspects of completing work independently, you are on the road to having a more self sufficient and confident student.
- **Use the planner.** Ask your child to use his planner and to bring it home so that you can check for large assignments and tests. Show your student how he can look ahead and write down deadlines based upon his knowledge of his personal study skills, work habits, and extracurricular activities.

No one thinks that homework is fun, but in middle school, it is part of the preparation for the years of education that lie ahead. Learning good habits to make the work less of struggle are invaluable.

Sincerely, Sharon M. Kennedy

## WOODLEAF CAMP IS FEB. 26-28

Young Life's Woodleaf Camp, located about an hour northwest of Grass Valley, is again the site for this year's weekend Wyldlife camp. The camp will be held Friday afternoon to Sunday afternoon, February 26-28. More than 300 middle school students from northern California and Nevada will take part in camp, including about 20 from IMS.

The camp offers good times, high energy music, great food, wacky entertainment, inspiring speakers and more. The cost of the camp is \$97. Scholarships are available for needy families. For more information or to register, visit [www.inclinyldlife.younglife.org](http://www.inclinyldlife.younglife.org) or call Tony Conrigan at 830-0566 or Trish Morris at 303-3806. Sign up today!

### INCLINE MIDDLE SCHOOL

931 SOUTHWOOD BLVD., INCLINE VILLAGE, NV 89451

Phone 775-831-4220 • Fax 775-832-4210 • Snow Line 775-337-7509

## CALENDAR

### FEBRUARY

*February is: African American History Month*

*2/8-2/12 National School Counseling Week*

*2/17 PTA Founders Day*

- 2/1-2/11** Wrestling Open Gym for IMS 5:30PM-7PM
- 2/2** Girls' Volleyball @ Whittell 3PM
- 2/3** Girls' Volleyball vs. N Tahoe 3PM (Home) Pictures
- 2/4** WCSD Spelling Bee  
Girls' Volleyball @ St. Theresa 3PM
- 2/6** MathCounts
- 2/9-2/10** Analytic Writing Test (8th Grade)
- 2/11-2/12** Make Up Days for Testing
- 2/9** Girls' Volleyball vs Lake Tahoe (Home) 3PM
- 2/10** Jr. Booster Meeting 9:15AM  
Girls' Volleyball vs Sage Ridge (Home) 3PM
- 2/11** Volleyball Championship
- 2/15-2/19** NO SCHOOL / WINTER BREAK
- 2/23** Early Release 11:37AM (Schedule 1-6)
- 2/25** Potluck Mixer  
AM Assembly / Story Performance &  
7th Grade Workshop
- 2/27** Wrestling @ Truckee

### MARCH

*March is: Classified Employees Month, Music in*

*Our Schools Month, Youth Art Month, National*

*Middle Level Education Month*

*3/2 Read Across America*

*3/8-3/12 National School Breakfast Week*

*3/14 Time Change (Daylight Savings Time)*

- 3/3** Wrestling @ Pau Wa Lu
- 3/6** Wrestling @ Yerington  
Silver Scholars 1PM
- 3/9** Academic Warnings Mailed
- 3/9-3/11** State Mandated CRT's Reading,  
Math Science
- 3/10** Wrestling @ STMS
- 3/11** National Guard Drug Presentation 5th Period
- 3/13** Wrestling Tournament @ IHS
- 3/14** Time Change (Daylight Savings Time)
- 3/17** Jr. Booster Meeting 9:15AM  
Wrestling / Incline Dual
- 3/18** National Guard Drug Presentation 6th Period
- 3/19** IMS Dance (End of CRT Celebration)
- 3/20** Wrestling @ CMS Zone Qualifier
- 3/24** Teens Against Tobacco Use (PM Assembly)
- 3/25** 8th Grade Registration for IHS
- 3/27** Wrestling Tah Neva Championship @ Yerington

### Jr. Booster Executive Committee:

PRESIDENT Dianne Severance

VICE PRESIDENT Amy Smith

SECRETARY Debbie Larson

TREASURER JoAnne Devine

MEMBER-AT-LARGE Stacey Hanna

# IMS Mountain Lion Tracks

IMS Jr. Boosters Newsletter • [imsboosters.org](http://imsboosters.org) • FEBRUARY 2010

## PRESIDENT'S PAGE

from Diane Severance, Jr. Boosters President

### Dear IMS Parents:

As a community we are at an important crossroads, with education being a vital contributor to the vibrancy and health of Incline Village. The community needs to be brought together for the better of our children and Incline. Please take the time to inform yourselves of the International Baccalaureate (IB) program and what it could mean for the Incline Village Schools. There will be a series of community seminars in the near future, so please avail yourselves of this opportunity.

WCSD wants interested parents and community members to hear from people who have first-hand knowledge about IB. Please attend the Incline Seminars and get to know WCSD personnel. Serena Robb is a former Wooster principal who successfully implemented the program there and is currently the Incline IB Project Coordinator. Wooster High School's current IB Coordinator is Daryl Dibitonto. Deputy Superintendent Pedro Martinez is new to the WCSD community, and has a strong and successful background in promoting excellence in education for communities. Incline requires a strong administrator with a passion for what is best for all our children. This administration is dedicated to making "Incline schools one of the best k-12 campus's in the Nation".

I can't emphasize enough the importance of your thoughts and contributions to this important discussion!

### IMPORTANT DATES AND INFO

- Next Latino Mixer: February 25th: Tamales and Enchiladas! Gringos bring salad, drinks and desserts! IMS Forum @ 6 PM. RSVP Dianne: [sevgroup@nvgbell.net](mailto:sevgroup@nvgbell.net) or Dora: [ddiaz@washoe.k12.nv.us](mailto:ddiaz@washoe.k12.nv.us)



### TESTING

- Feb 8th: 8th grade writing test.
- March 8th and 9th: CRT testing across 6, 7, and 8th grades. *Testing will occur in the morning. Project MANA will provide refreshments.*

- March 25th: 8th Grade high school orientation and class planning for their freshman year.

### OTHER

- IMS is planning an in-school dance to celebrate the end of testing. The dance will be held during the school day and is scheduled for either March 19th or 26th. Details to be furnished later.
- Jr. Boosters will be supporting "Arts for the Schools" to come to the middle school.

### IVGID

- IVGID is sponsoring "Teen Cuisine" at the high school. Middle school students can attend.
- IVGID is planning a TERC research field trip on April 24th.
- IVGID is planning "LIGHT" program for developing leadership skills for our teens.

Very Truly Yours,

Dianne Severance, IMS Jr. Boosters President

[sevgroup@nvgbell.net](mailto:sevgroup@nvgbell.net) (email), [imsboosters.com](http://imsboosters.com) (website)

## INCLINE AFTER-SCHOOL ORGANIZATION

**Snow Club has begun.** Snow Club provides free skiing and snowboarding lessons for those students who have not had the opportunity to enjoy these wonderful winter sports. Diamond Peak provides FREE lessons, rentals + lift tickets on Thursdays for the rest of the season. Students must be doing well in classes + citizenship to attend. Students who are interested should sign-up with Mrs. Blount.

Go to [InclineAfterSchool.org](http://InclineAfterSchool.org) or call Chris at 775-745-6484 for more information.

### IMPORTANT DATES:

- **Early releases** – Tuesdays: 9/15, 10/20, 11/10, 12/8, 1/19, 2/23, 4/20 and 6/4
- **Superintendent's Brown Bag Lunch** – Tuesday, September 8th, Parasol Building
- **Picture Day** – September 9th
- **October break** – October 5-9th
- **Directory Publication** – Mid October
- **IMS Halloween Dance** – October 23rd
- **Dad's/Parent' Day** – November 5th
- **Holiday Break** – December 21st - January 4th
- **Winter Break** – February 15-19th
- **Spring Break** – April 12-16th
- **Memorial Day** – May 31st
- **Last Day of School** – June 16th

### Incline Middle School Jr. Boosters Activity Chairs

Monthly Meeting Minutes  
Debbie Larson

Membership  
JoAnne Devine, Linda Tokunaga,

Monthly Newsletter  
Heather Porter

Directory Production  
Heather Porter, Eileen May, JoAnne Devine & Linda Tokunaga

Halloween Dance  
Kevin and Jeanette Martinez, Joy Strotz, Stacy Hanna and Amy Smith

Take Dad to School Day  
Shahin Lampe, (Need 1 more parent)

Hospitality  
Donna Tonking

Staff Appreciation  
Amy Smith (Need 2 more parents to Chair)

Spelling Bee  
Eileen May, Dianne Severance, Amy Smith & Debbie Larson

8th Grade Celebration  
Eileen May & Donna Tonking

Representatives/Liaison  
(Need parent)

Math Counts Liaison  
(Need parent)

Science Fair Liaison  
(Need parent)

GT Connection/Representative  
(Need parent)

ISAEF Representative  
Dianne Severance

Star Follies Representative  
(Need parent)

**HELP WANTED:** We are looking for someone to translate the newsletters into spanish. Please contact [heather@hezodesign.com](mailto:heather@hezodesign.com) if you can help.

# IMS Mountain Lion Tracks

IMS Jr. Boosters Newsletter • [imsboosters.org](http://imsboosters.org) • FEBRUARY 2010

## ■ IVGID PROGRAMS FOR TEENS

### Teen Cuisine

The first Monday of every month, join master chefs Katy and Julia for a culinary adventure. On March 1st, we will be making delicious quick breads (like coffee cake or banana bread). We will also have a professional chef present and show us some tricks for successful baking! Please bring \$1 to cover materials.

Date: Monday, March 1st

Time: 2:30pm-4:30pm

Cost: \$1

Location: Incline High School Room 213

### Girls Night In (Girls ONLY!)

Middle school girls – this is your chance to celebrate being a girl and do some fun, girls-only activities. We will meet at 6:00pm at the Rec Center for pizza and play some fun games. Then, guests from Tahoe Women's Services and Charles Gracie Brazilian Jiu-Jitsu Academy of Truckee Tahoe will present a one-hour class on self-defense.

Next, we will pamper ourselves with facials and manicures and learn some tips and tricks for skin and hair care from a salon professional. When the Rec Center closes at 9pm, we will have the whole place to ourselves and go on a crazy scavenger/treasure hunt!

Date: Friday, February 26th, Time: 6:00pm-10:00pm

Cost: \$25, \$20/IVGID Passholders

Location: Incline Recreation Center

### Open Diving with Instruction

Come learn or perfect your technique for flips, twists and other creative dives. Open to all ages. Must take a beginner dive class to participate.

Day: Fridays Time: 6:00 pm - 7:00 pm, Dates: NOW - April 30

Fee: Resident \$75, Non-Resident \$94

### Incline Silver Stars Swim Team

Ages: 6+

Come join North Lake Tahoe's premier swim team for both competitive and novice swimmers. The team has been practicing since February 2007 and continues to improve leaps and bounds while having loads of fun. Anyone who is interested in the swim team may try it for one week free of charge. The coach will evaluate appropriate level and practice times for each participant. Season parties & special events will be planned and announced during the course of the season. Scholarships that can equate savings of at least 29% are available (inquire at the Parks & Recreation Department Counter).

Practice time: 4:00 pm - 5:30 pm, Dates: Now - May 27, 2010

Fee: \$375, IVGID pass holder: \$300

Location: Recreation Center Pool

**For more information on any of the above programs, or to give program suggestions, please contact:**

Katy Washington

IVGID Parks & Recreation Youth and Family Programs Assistant

775-832-1301 email: [kew@ivgid.org](mailto:kew@ivgid.org)

Check out our website: [www.inclinerecreation.com](http://www.inclinerecreation.com)

Mountain Lion Tracks is produced by the IMS Jr. Boosters Club.

Submissions can be made by emailing [news@imsboosters.org](mailto:news@imsboosters.org).

To get future newsletters emailed to you please email

[news@imsboosters.org](mailto:news@imsboosters.org). View newsletters and info at

[www.imsboosters.org](http://www.imsboosters.org)

## ■ COUNSELING CORNER

from Mary Blount, Counselor

The second semester has started and for many students this is a good time to assess their study habits and see what they can do better. I have talked with many students who are disappointed with their grades. Here are some simple strategies you can use to support and encourage your child to do their best. Check their planner daily, it is an important skill for your child to learn to use a planner and not trust memory to get all assignments completed and in on time. Check Edline at least once a week. Have a scheduled time each night to do homework. For many students it is helpful to break up this study time into two half hour sessions. If you have concerns, contact your child's teachers. I am also available to set up conferences and address academic and social concerns.

Save the dates! On Thursday, April 1st at 5:30 there will be a Drug Information Night for parents. This program is being coordinated by the elementary, middle and high school counselors along with the fire department, local helping agencies and the Stacy Shamblin, the Drug Abuse Prevention Coordinator with the Reno Police Department. On Saturday, March 6th at 1PM, the University of Nevada Reno will be presenting their Silver Scholar Awards to the top scholars in our 8th grade class. If your child is to receive this award you will be notified by UNR. The award presentation is at the UNR campus.

## ■ STAR FOLLIES

The 2010 Star Follies will be April 30th and May 1st at the Cal-Neva. Showtimes are 6pm and 8:30pm. More info coming soon.

## ■ LINKS

**“Know What To Do About The Flu”**

[flu.nv.gov](http://flu.nv.gov)

**Incline Middle School Edline**

[edline.net/pages/Incline\\_MS](http://edline.net/pages/Incline_MS)

**Incline Middle School Jr. Boosters Club**

[imsboosters.org](http://imsboosters.org)

**Incline Schools Website**

[inlineschools.org](http://inlineschools.org)

**Incline After School Organization**

[inclineafterschool.org](http://inclineafterschool.org)

**Incline Elementary School**

[washoe.k12.nv.us/inclinees](http://washoe.k12.nv.us/inclinees)

**Incline High School**

[inclinehs.org](http://inclinehs.org)

**Incline Schools Academic Excellence Foundation (ISAEF)**

[inclinevillageschools.com](http://inclinevillageschools.com)

**Washoe County School District**

[washoe.k12.nv.us](http://washoe.k12.nv.us)

**North Lake Tahoe Bonanza**

[tahoebonanza.com](http://tahoebonanza.com)

**Village Guide**

[villageguide.org](http://villageguide.org)

**Lake Tahoe Review**

[laketahoereview.com](http://laketahoereview.com)

**Incline Village General Improvement District (IVGID)**

[ivgid.org](http://ivgid.org)

# IMS Mountain Lion Tracks

IMS Jr. Boosters Newsletter • [imsboosters.org](http://imsboosters.org) • FEBRUARY 2010

## SPORTS CENTER

### Boys Wrestling

from Joe Malsam, IMS Wrestling Coach

The middle school wrestling season officially started on Monday February, 1st. I am excited to see returning as well as new faces on the mat. Returning wrestlers include 8th grader Connor Kilgore, and 7th graders Jazmin Crandall, and Adam Swick. I will be counting on these three to provide leadership to our young team. The three of these wrestlers had excellent first seasons last year and I can't wait to see how far they will come this year. Adam Swick was one of our most dominate wrestlers last season placing in two of the three tournaments he wrestled in and barely missing out on the Tahneva Championship tournament. I am sure Adam will be even more successful this season. Though Connor Kilgore started late last season he only dropped one match before a season ending shoulder injury, I am sure he will start off this season where he ended last year, as a serious force on the mat. Jazmin Crandall proved be a tough wrestler as well, Jazmin placed second at the season opener last year in Truckee, and gave up few losses as the season continued. Our first competition this season will be at Alder Creek Middle School in Truckee, CA on Saturday, February, 27th. The wrestlers seem eager and excited to get the season started, and we be practicing hard to get ready for competition.

### Girls Volleyball

#### 6th-7th Grade Girls Volleyball

from Chris Swick, 6th-7th grade girls volleyball coach

The 6/7th grade girls volleyball team has completed the first half of league season with a record of three wins (against Whittell, St. Theresa's, North Tahoe) and one loss in a contentious match against Sage Ridge. All 13 members of the team have very solid skills and have already shown great improvement this season. Sarah Bartholomew has demonstrated leadership as team captain and Megan Golden has proven herself as a skilled setter. What is sure to be one of our season highlights was a recent match where Valeri Nix had 20 consecutive serves in the first game followed by Annie Graffis in the second game with 14 consecutive serves. We look forward to continued success the second half of the season.

#### 8th Grade Girls Volleyball

from Tony Graeber, 8th grade girls volleyball coach

The 8th Grade team is off to a great start to the season with only one heart breaking loss to Sage Ridge. It was a very, very close match which came down to the last two points. It was a great match none the less and an even better learning lesson on the fine art of focus! We had a great victory in our opening game against Whittell which really proved exactly how much talent we have on the team... there is an amazing amount of talent on the team and all players have been improving over the course of our very short season. The team shows incredible focus during practice which directly translates into tremendous league game performance. We also had victories against our local Incline Village team of Tahoe School and South Lake Tahoe's St. Teresa's. Both teams show incredible heart with smaller teams comprised of 6th, 7th and 8th grade girls. Both teams had great success in each of our games against North Lake Tahoe. The 7th and 8th Grade teams swept NLT in just two games a piece and seemed to be on

cruise control for most of the match. NLT didn't have the level of skill that we have seen in the past so our squads just served solid and passed great to easily defeat NLT.

Our consistent serving and great offense, backed up with solid defensive skills have proven very valuable in our successful season. Both coaches are so proud of our teams because of the grace in which they win. They also have shown amazing focus against all of their opponents.

We are all looking forward to a tournament in South Shore over the 5th and 6th. Both teams will be facing teams from much bigger schools who have huge talent pools and a lot of players who play all year round and some even play on club teams. It will be a great experience with a ton of volleyball and so many learning lessons.

Thanks to all that have shown support for our Volleyball teams. We hope to see more of you at our home games (and maybe some away games too). Go Mountain Lions!!

## SCHEDULE

- **February 27 @ Truckee** 8:00am  
Eagle Valley, Carson City, Yerington, Pauwalu, Carson Valley, Fallon, So. Tahoe, Incline
- **March 3 @ Pauwalu (DUAL)** 3:00pm
- **March 6 @ Yerington** 8:00am  
Incline, So. Tahoe, Lovelock, Silver Stage, Pauwalu, Carson Valley, Truckee
- **March 10 @ STMS (DUAL)** 3:00pm
- **March 13 @ Incline** 9:00am
- **March 17 @ Incline (DUAL)** 3:00pm
- **March 20 @ Carson City** 9:00am Zone Qualifier  
So. Tahoe, Pauwalu, Dayton, Carson Valley, Eagle Valley, Incline, Truckee
- **March 27 @ Fallon** 9:00am  
All Schools TAH-NEVA Championships

*The March 20th tournament is a qualifying meet. Only the top 4 wrestlers in each weight class will advance to the zone championships in Fallon on March 27th. All schools that have competed in two previous tournaments are eligible to compete in the championships.*  
WEIGHT CLASSIFICATIONS **7TH GRADE** - 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 135, 145, 165, Hwt **8th GRADE** - 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 150, 160, 175, Hwt

## SCHEDULE

- **Thursday, February 4**  
IMS @ St. Theresa 3:00pm
- **Fri. & Sat., February 5 & 6**  
Optimist Volleyball Tournament  
South Lake Tahoe
- **Tuesday, February 9**  
Lake Tahoe School  
@ IMS 3:00pm
- **Wednesday, February 10**  
Sage Ridge @ IMS 3:00pm
- **Thursday, February 11**  
Tah-Neve Championships

## ROSTER

**6-7TH GRADE**  
Anna Graffis  
Catherine Mitchell  
Cory Aksamit  
Lexi Sundberg  
Megan Golden  
Michelle Tokunaga  
Sarah Bartholomew  
Savannah McCunn  
Valeri Nix  
Annika Hansen  
Hadyne Schuft  
Kira Porter  
Vanessa Andrade

**8TH GRADE**  
8 returning players:  
Elise Nelson  
Ronni Flores  
Mia Harbaugh  
Julianna Gordon  
Devi Morris  
Trisha Lincoln  
Devenee Wolfson  
Kate Ballan  
5 new players:  
Natasha Cook  
Rachel Colarchick  
Cara Dumonte  
Sara Hasmer  
Makayla Jones