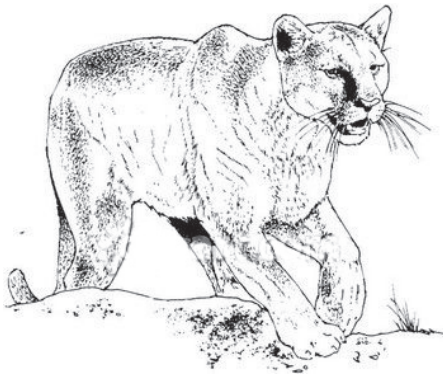


IMS Mountain Lion Tracks

Incline Middle School Jr. Boosters Club Newsletter www.imsboosters.org



- Office Update
 - Music for Life
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- From the Counselor
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OFFICE UPDATE

from Sharon M. Kennedy, Site Administrator



Setting personal goals can be an effective way to manage time and commitments. The following suggestions for helping your child set goals come from the The Parent Institute guide for teaching children responsibility (2007).

- At the beginning of the week help your child identify one goal. It might be turning in an assigned essay or getting a 90 percent on a math test.
- Have your child write the goal on a piece of paper. You can post this goal on the refrigerator or tape it inside his/her binder.

• Talk about how to achieve the goal. Help your child break the goal down into smaller steps. For example, "you can outline the essay tonight (or use an alternative prewriting strategy), write your first draft tomorrow, revise it on the next day..."

• Ask how things are going as the week progresses. If problems occur, talk about possible solutions. If your child falls behind in his/her plan, discuss options for getting caught up again. Examples are a 10 minute extension of bedtime or not watching a favorite television program until the work is done.

• At the end of the week, help your child evaluate how well he/she did. Did he/she achieve the goals? Why or why not? Most importantly, praise your child for trying and then set a new goal for next week.

MUSIC FOR LIFE

Saturday, November 13, 6:00pm-8:30pm IHS Theater
www.youthmusicshow.com

CYMBAL Music-For-Life Series Perform for a live audience at the Youth Music Show!
- Vocal Performances - Jazz & Rock Bands - Instrumentals - Solo & Group Acts
Ages 6 to 18 Submit your act today at: www.youthmusicshow.com
Tickets are \$5 for adults. CYMBAL members and children under 12 are free.

All proceeds go to CYMBAL in support of the music programs at the Incline Village public schools.

IMS MUSIC EVENTS

Winter Concert:

12/9/10 7pm IMS Gym
12/10/10 8am IMS Gym (students)

SF Bay Area Festival Tour: 2 Days (Students)

May 13-14th, 2011

Spring Concert:

5/19/11 7pm IMS Gym
5/20/11 8am IMS Gym (students)

CALENDAR

NOVEMBER

- 11/2 NO SCHOOL - ELECTION DAY
- 11/3 Brown Bag Lunch with Dr. Morrison
12pm-1pm (Parasol)
Boys' Basketball vs. Whittell 3PM (Home)
- 11/4 Boys' Basketball @ Sage Ridge 3PM
- 11/7 Daylight Savings Time Ends
- 11/9 Boys Basketball vs. St. Theresa (Home)
- 11/10 Boys' Basketball @ Lake Tahoe 3PM
(IVGID Rec. Center Gym)
- 11/11 NO SCHOOL / VETERANS DAY
- 11/16 Boys' Basketball @ North Tahoe 3PM
- 11/17 Jr. Booster Meeting 9:15AM
- 11/18 Boys' Basketball @ Whittell 3PM
- 11/19 7th Grade Field Trip to Wilbur May Museum
(9am-2pm)
IVGID Dance @ Diamond Peak 6-8pm
- 11/22 AM Assembly / Fire Extinguisher
- 11/23 Hunger Awareness 2nd Period (7th Grade Only)
- 11/24 Boys' Basketball vs. North Tahoe 3PM (Home)
- 11/24-11/26 NO SCHOOL - THANKSGIVING BREAK
- 11/30 Boys' Basketball @ St. Theresa 3PM

DECEMBER

- 12/2 Boys' Basketball vs. Lake Tahoe (Home)
- 12/8 Boys' Basketball vs. Sage Ridge 3PM (Home)
- 12/9 Winter Concert 7PM
- 12/10 AM Assembly (Winter Concert)
- 12/11 Tah Neva Championships 8AM @ STMS
- 12/14 Academic Warnings Mailed
- 12/15 Jr. Booster Meeting 9:15AM Library
- 12/17 PM Sports Award Assembly
- 12/20-12/31 NO SCHOOL / WINTER BREAK

Jr. Booster Executive Committee:

PRESIDENT Dianne Severance
VICE PRESIDENT Amy Smith
SECRETARY Debbie Larson
TREASURER JoAnne Devine
MEMBER-AT-LARGE Stacey Hanna

INCLINE MIDDLE SCHOOL

931 SOUTHWOOD BLVD., INCLINE VILLAGE, NV 89451
Phone 775-832-4220 • Fax 775-832-4210 • Snow Line 775-337-7509



IMS Mountain Lion Tracks

IMS Jr. Boosters Newsletter • imsboosters.org • NOVEMBER 2010

PRESIDENT'S CORNER

Learning is not a spectator sport.

- Anonymous

Dear Parents:

Thanks to all the families that joined Jr. Boosters this year. We have over 45 families, and if you haven't signed up, you still can -- just contact me! We also have a nice volunteer list for each of the activities that Jr. Booster's sponsors throughout the year, this will be very helpful to our committee chairs.

The IMS student e-directory will be published this month, be on the look out for it.

Thank you to our enthusiastic parents this year for supporting middle school events, from our sporting events to Night of the Notables, to Back to School Night to our recent Halloween Dance.

The IMS Halloween dance is the largest event that the Jr. Booster's sponsors and it was again, a huge success this year. A very special thanks to our chairs: **Ken & Jeanette Martinez and Joy Strotz**. When you see them, please thank them, they made the event extra spooky and fun! Also, thank you to **Stacey Hanna and Amy Smith**, who provided hospitality for the dance. We had over 155 students attend the dance and they were all on the dance floor for most of it! The dance takes many hours of our parents time, so thank you to all those who helped make this event such a large success.

As we go into the holiday season, look for IMS special events that will be happening. The Superintendent's Brown Bag Lunch (Nov. 3rd), holiday concerts, etc.

Again, Thanks to all the parents who take the time to participate and volunteer to make these events happen!

- **Dianne Severance** Jr. Booster President

FROM THE COUNSELOR

Mary Blount

Why Bullying Hurts All Kids

The fallout from bullying goes beyond the victim. An act of bullying can hurt all children. Research has shown that children who witness bullying can be afraid to go to school, too, worrying that one minor misstep on their part may cause them to become the bully's next victim. Or, they may start becoming aggressive themselves, figuring that they would be safer siding with the bullies than the victim. Bullies also end up with some collateral damage. If they are allowed to get away with their behavior, they learn unhealthy means of relating to other people -- something that can set them up for a lifetime of relationship problems.

Suicides by children who have been harassed by bullying and cyber-bullying (bullying by electronic means such as email, Facebook, on websites or via text message) are in the news and on the minds of parents everywhere. But rather than simply worrying, it's important to learn about this topic NOW, before any situation in your child's life escalates. "Bullying" will be the first topic in a three part educational series for parents and students of the Tahoe Basin. The first session of this series will be held on **Wednesday November 10th from 6:00-7:00 pm at the Parasol Building** in Incline Village and will be available in both Spanish and English. The next presentations in this series will be in January on Cyber Safety: Tips for parents, and the second on Drug Awareness to be presented in March.

This series was developed and is sponsored by the Washoe County School District, Incline Village Schools' Counselors, the Washoe County Social Services Department, and Washoe County Sheriff's Office, The North Lake Tahoe Fire Protection District, Washoe County School Police, Tahoe Woman's Services and local therapists.



IMPORTANT DATES/ACTIVITIES:

Back To School Night	September 16th
E-Directory Publication	October
E-Newsletters	Monthly
Halloween Dance	October 22nd
Take Dad to School	Spring
Science Fair	January/Feb
School Spelling Bee	January
Star Follies	Spring
Teacher Appreciation Week	May 2 - 6th
8th Grade Graduations	June 15th
ISAEF Golf Fundraiser	June

Incline Middle School Jr. Boosters Activity Chairs

Monthly Meeting Minutes	Debbie Larson
Membership/Donations	Joanne Devine
Monthly Newsletter	Heather Porter
Directory Production	Heather Porter
Treasurer	Joanne Devine
Halloween Dance	Ken & Jeanette Martinez, Joy Strotz, Amy Smith & Stacey Hanna
Staff Appreciation	Amy Smith
	<i>Need in-coming 6th Gd Parent Co-Chair</i>
ISAEF Representative	Dianne Severance
IHS Boosters Club Reps	Dianne Severance
8th Grade Liaison	<i>Needed</i>
Latino Mixers	Dora Diaz, Dianne Severance
Hospitality: Back To School Night	
Take Dad to School Day	Joanne Devine, Shahin Lampe
Spelling Bee	Dianne Severance, Amy Smith, Debbie Larson & Eileen May
Eighth Grade Promotion	Eileen May
Star Follies Rep	Kathie Goldberg
Talent Show Liaison	Kathie Goldberg

HELP WANTED: We are looking for someone to translate the newsletters into spanish. Please contact heather@hezodesign.com if you can help.

IMS Mountain Lion Tracks

IMS Jr. Boosters Newsletter • imsboosters.org • NOVEMBER 2010

■ IMS SCIENCE FAIR

One of our IMS Parents, Larry Swick, has offered to chair the Science Fair Committee this year. IMS will not be sponsoring the event this year due to the fact that teachers and their curriculum are over extended due to so many new things.

The Science Fair can be done “bare bones” with almost no teacher involvement as long as it can be sponsored and lead by Jr. Boosters. We are looking for the level of interest and additional volunteers for the Science Fair. This would be a non-mandatory Science Fair with parents doing the work and student participation on a voluntary basis. It would not take much effort to make something like this work. Some type of extra credit could be provided to the students although the projects would not be required by the teachers.

Please contact Larry Swick at lrstdirect@sbcglobal.net or Dianne Severance at sevgroup@nvcbell.net if you are interested in volunteering for this effort.

■ IVGID IMS FALL BALL DANCE - NOV. 19

The next middle school dance, the Fall Ball, will be held on Friday, November 19th from 6:00-8:00p.m. at Diamond Peak. We will have a great DJ playing all the latest music, and refreshments will be sold. All Incline Middle School, Lake Tahoe Middle School, and Sage Ridge Middle School students are invited to attend. Appropriate dress and behavior is required to attend our dances, and students must show their ID at the door. No glow items allowed.

Date: Friday, November 19th **Time:** 6:00 pm - 8:00 pm **Fee:** \$8/person

Location: Diamond Peak Base Lodge (1210 Ski Way, Incline Village)

■ ART IN ACTION!



Art 8 students just finished a marathon run through the first term of the school year. The first leg of the race focused on Funky Shoes, a project in which students used the contour drawing method to draw their own shoes, or ‘found’ shoes in the art room. To create their final compositions, students traced their shoe drawings, trading drawings with each other to create variety, and arranged them on an 18” x 24” format, overlapping and letting the drawings extend off the edge of the paper. The positive spaces inside the shoes were filled with complimentary colors by lining the inside edges of the drawings with marker, then bleeding the colors with water. The negative spaces around the shoes were filled with linear pattern using colored fine point markers. The result was a colorful composition emphasizing shape, unity, and rhythm.

The final leg of the race was completed by creating a ceramic Shoe for Saving Things using the slab construction process. Students created two 8” templates from their contour shoe drawings, which included a side view and the sole. After wedging and rolling out their clay, students cut around the templates and assembled their shoe, complete with a tongue and eyelets for shoelaces. Once the shoes had been bisque fired, colorful glazes were added. The final touch was threading shoelaces through the holes. This was an energetic exercise in color, shape, and form.

- Mary Gilbert “It’s Not an Education Without the Arts”

■ LINKS

“Know What To Do About The Flu”

flu.nv.gov

Incline Middle School Edline

edline.net/pages/Incline_MS

Incline Middle School Jr. Boosters Club

imsboosters.org

Incline Schools Website

inclineschools.org

Incline After School Organization

inclineafterschool.org

Incline Elementary School

washoe.k12.nv.us/inclinees

Incline High School

inclinehs.org

Incline Schools Academic Excellence Foundation (ISAEF)

inclinevillageschools.com

Washoe County School District

washoe.k12.nv.us

Washoe County Library System

washoecountylibrary.us

North Lake Tahoe Bonanza

tahoebonanza.com

Village Guide

villageguide.org

Lake Tahoe Review

laketahoereview.com

Incline Village General Improvement District (IVGID)

ivgid.org

Mountain Lion Tracks is produced by the IMS Jr. Boosters Club. Submissions can be made by emailing news@imsboosters.org. To get future newsletters emailed to you please email news@imsboosters.org. View newsletters and info at www.imsboosters.org

IMS Mountain Lion Tracks

IMS Jr. Boosters Newsletter • imsboosters.org • NOVEMBER 2010

■ SAVE THE DATE! NOV. 4TH

“Race to Nowhere”

When: November 4th 6:30-9:00pm

Where: TCES Building on SNC campus.

Seating is limited!

go to www.racetonowhere.com
to view the trailer.

Lake Tahoe School & Sierra Nevada College present this film in an ongoing series of educational documentaries.

The films will focus on various topics concerning education and/or parenting and are chosen to create a forum for healthy, productive discussion.

There will be time after each film for either a panel discussion or a general discussion facilitated by Sharon Beets – Dean of Education at SNC.

■ INCLINE VILLAGE LIBRARY

Library Hours:

Tuesday-Thursday, noon-6pm, Friday-Saturday, 10am-4pm, Closed: Sunday & Monday

Art Displays:

Walls: watercolor paintings by Rosemarie Gorman

Cases: Lewis Carroll collection by Sue Welsch

Family Story Time: Wednesdays, 4:00-4:45 p.m.

There will be no story time on Wednesday, November 24.

Through Friday, December 31: Fall Reading Program: “Books with Beat @ Your Library”
Children and teens may earn a free book when they participate in this reading incentive program. Special free events will be featured at Washoe County Library branches through December. Children are welcome to participate at multiple libraries.

Friday, November 5: 2-4p.m. Lifescapes

Lifescapes is a lively opportunity for adults to record their best stories and the lessons they have learned over a lifetime. Drop-ins are welcome.

Saturday, November 13: 2-3p.m. Author George LeBard Presents A School for Others
Former Peace Corps volunteer and Project MANA Executive Director, George LeBard, chronicles his years in a Mayan village in Belize in his new book, A School for Others. LeBard's discovery of an abandoned school in the jungle sparks his vision of developing a school for the “other” kids who wouldn't ordinarily have the privilege of attending secondary school. Books will be available for purchase after the program.

www.washoecountylibrary.us

■ INCLINE AFTER SCHOOL ORGANIZATION

Free indoor soccer starts its 9th indoor season. Location, dates, times and coaches are the same as for the past 8 years: Every Monday at the Rec Center from 2:30 - 4 for grades 6 - 8 and on Fridays at the same time for grades 6 - 12. We usually play on these two days every day of school until mid April, unless coach Chris is injured or ill.

Youth Talent Show VII is on February 4th 2011 at the Incline High School Theatre, but auditions have already begun. You can audition as many times as you like between now and January 10th, but please don't wait that long. Contact John Mueller, Kathie Goldberg, Terry Pittman or Elaine Courtney for private auditions.

Snow Club: Once again Diamond Peak and Incline After-School have teamed up to provide this free activity for local students who have not had a chance to become engaged with skiing and snowboarding. This is for students in 6 through 8th grade who would love to learn this great sport, but haven't had that chance for whatever reason. Students will get out of school early, so this is a privilege that must be approved by both a student's parents and the school counsellor. Snow Club will be on Wednesdays this year from 1 pm until 4:30 pm. This activity includes: Free ride to Diamond Peak from IMS, Free equipment rentals, Free lessons and Free lift tickets on Wednesdays from January 12, 2011 through the end of the season in April. Students must be willing to do well in school and with citizenship to be approved for this activity.

Fall Down Hill Mountain Biking season is still going strong. We've had up to 20 total riders taking the famous Chinese Downhill on Fridays after school. This activity is free and includes students in grades 6 - 12. We have over 8 local adults helping to keep the bikes and kids moving injury free up and down Mount Rose. We have over 10 of these students on donated bikes! We still have more kids interested in riding than we have quality bikes to ride. Please donate your old bikes. We have riders for small, youth and adult size bikes, so no bike is too big or too small to donate. We can also use bike helmets or broken down bikes for parts.

During the winter months in past years we have also had Hip-Hop dance, Swim team, cooking with local chefs and Dodgeball. If you are interested in helping with any of these free winter activities this year, please contact Chris Laramore at info@InclineAfterSchool.org.

Incline After-school Organization provides over 20,000 hours per year of free, positive after-school activities for local youth in grades K - 12 in Incline Village since 2003. Some of our coaches are paid and we pay rent to the Rec. Center for all of our activities there. We cover most of the bike repairs and our gas expenses personally. Our insurance bill is due in December. If you are pleased to have these types of activities available for local youth, donations and membership in the Village Guide are the only ways we cover these expenses. Please consider a donation to this IRS recognized, local charity where 100% of your donations go directly to providing these free activities to our local kids and neighbors. Donations can be sent to IAO at PO Box 6897, Incline Village, NV 89450.

SPORTS CENTER

Cross-Country Shines at Championships

Incline Middle School cross-country runners competed against Reno, Tahoe and Carson City schools at the Tah-Neva Championships in South Lake Tahoe recently.

Sixth- and seventh-grade runners raced on a 2.15-mile course, and eighth-grade runners completed a 2.4-mile course. Although long and challenging, runners agreed that this was the most scenic race of the season through the golden aspens, singletrack and rolling hills behind the Kahle Community Center.

In the sixth- and seventh-grade girls' division, IMS came home with impressive finishes by seventh-graders. Stephanie Homola and Samantha Lampe finished third and fifth, respectively, with times of 16:17 and 16:54. Homola was right on the tail of the top two runners. These two gals have challenged the top runners for the entire season, and completed the season with their strongest runs yet. Patty Todd, a sixth-grade student, showed incredible gains throughout the season with a strong 17th-place finish in a time of 17:51, just a minute behind Lampe. Summer Prim finished 56th with a time of 20:26.

In the sixth- and seventh-grade boys' division, IMS won the overall team award for fifth place. This group was composed of seven boys, led by seventh-grader Owen Graffis, who edged out another runner for ninth place overall and a time of 15:15. There were several sixth-grade boys in this group who finished strong, sure to show more improvements by seventh grade and be strong again in this category.

The eighth-grade boys team composed of Oliver Larson, Dylan Smith, Matthew Hanna and Owen Price finished 17th, 22nd, 24th and 36th, respectively, against a field of very strong runners. They look forward to making further improvements at Incline High School and running with the more experienced upperclassmen.

Said coach Jan Hrindo: "These eighth-grade boys have been the driving force and leadership behind our team all season. They have pushed each other and have motivated the team to improve and run strategically."

Coach Rachel Barth added, "Our team is deep - we have many strong runners who are also becoming strong leaders. The overall team performances at championships are evidence of these transformations."

- from tahoebonanza.com

Girls Basketball Brings Home Trophy



6/7th GRADE

Even with a shortened season, the Incline Middle School sixth/seventh-grade girls basketball team finished the season on a high note by winning the consolation round at the Tah-Neva League tournament held recently in Carson City.

Despite playing teams from much bigger schools, the Incline girls went 3-1 at the tournament in very close games. All of the games were decided by three points or less. This was the first time that an Incline sixth/seventh-grade team came away with a trophy in the tournament.

The team was composed of several girls with a considerable amount of basketball experience from the Incline rec leagues, as well as from last year's middle school team. That background allowed some girls to become leaders, as well teachers to the less experienced girls, whose skills also showed great improvement.

Head coach Loren Rupp said, "I have been really impressed with how these older girls have brought great ideas for plays and drills to teach to the younger girls. And just as importantly, they have been great about sharing the ball during practice and games."

The season started out with some setbacks, when it was learned that only one other school in the league was fielding a sixth/seventh-grade team. This resulted in a frantic effort to call around and arrange extra scrimmage games with many teams just to get a chance to play.

After sweeping success in the regular season, the team appreciated meeting stronger competition at the final tournament.

"As the season progressed, the team really came together, and I have enjoyed watching some great sportsmanship and leadership personalities emerge," Rupp said.

The Incline Middle School eighth-grade basketball team also qualified for the championship tournament and finished with two impressive games.

- from tahoebonanza.com

8th GRADE

8th grade girls: The 8th grade girls finished the season strong by improving and coming back to defeat North Tahoe and Sage Ridge." The 8th grade team made me really proud by working extremely hard, playing together and never giving up, it was a very rewarding coaching experience!"

The 8th grade team made it to the tournament and played Carson Valley and South Tahoe very close. The overall team record was a winning one, at 6-4.

- Coach Shane Goddard

SPORTS CENTER

Boys Basketball

6/7th GRADE

The Incline 6-7th grade boys team is loaded with size and talent. Tryouts were very difficult because there were so many good players to choose from. "I'm expecting a great season for the boys", who really want to work hard.

IMS has it's first boys basketball game Wednesday at 3pm, it is a home game and the team would really like to see the students come out and support us.

2010 team members are: Grant Goldenburg, K.P Martinez, Luis Celedon, Press Labrie, Blake Perry, Jerry Sanchez, Conor Nix, Rey Estrada, Brandon Swick, Peter Larson, Jeremy Golberg, Johnny Lockard, Devin Morrison, Christian Rodriguez and Brandon Herhusky

- **Coach Shane Goddard**

8th GRADE

The Incline boys 8th grade basketball team is gearing up for another great season. This year there are fifteen boys on the roster and the team is expected to perform at a high level with the ultimate goal of finishing league play undefeated and winning the end of the season playoff tournament. The team will play a high paced offense constantly pushing the basketball and applying pressure defense all over the court. Coaches Indra Winquest and Jonathan Smith will be emphasizing teamwork and commitment to the school and program. This years team consists of guards Jack Clouthier, Tommy Thompson, Alex Zissis, Jack Bessette, Dylan Smith, Tito Marquez, Ian reeves, Cole Steinberg and Owen Price-Skelly, forwards Matthew Hanna, Kolya Kelley, Dylan Comstock, Chris Palma, and centers Tommy Dolan and Adam Swick. We hope to see everyone come out and support the boys!!

- **Coaches Indra Winquest and Jonathan Smith**

Schedule

- 11/3 Boys' Basketball vs. Whittell 3PM (Home)
- 11/4 Boys' Basketball @ Sage Ridge 3PM
- 11/9 Boys' Basketball vs. St Theresa 3PM (Home)
- 11/10 Boys' Basketball @ Lake Tahoe 3PM (IVGID Gym)
- 11/16 Boys' Basketball @ North Tahoe 3PM
- 11/18 Boys' Basketball @ Whittell 3PM
- 11/24 Boys' Basketball vs. North Tahoe 3PM (Home)
- 11/30 Boys' Basketball @ St. Theresa 3PM
- 12/2 Boys' Basketball vs. Lake Tahoe (Home)
- 12/8 Boys' Basketball vs. Sage Ridge 3PM (Home)
- 12/11 Tah Neva Championships 8AM @ STMS

IV PARKS & REC PROGRAMS FOR TEENS & TWEENS

IVGID Youth Advisory Council (YAC) for Grades 6th-12th

The IVGID Youth Advisory Council (YAC) will hold two meetings in November, and IMS students are invited to attend. We will be discussing Winter community service projects, re-launching the Teen Cuisine program, and ideas for programs and activities for teens. Please join us for one or both of the meetings this month!

- **Monday, November 8th** from 7:00-8:30pm in Kids Zone room at the IVGID Recreation Center
- **Tuesday, November 16th** from 4:30-6:00pm in the Board Room at the Donald W. Reynolds Community Non-Profit Center (948 Incline Way) -- we will be viewing portions of a virtual presentation about another YAC from St. Croix!

The IVGID YAC is an active group of Incline Village/Crystal Bay middle and high school students who represent the voice of youth and teens in the community. The YAC organizes positive youth development programs, volunteers with local organizations, and provides its members with leadership opportunities. Joining the YAC is a great way to earn community service hours for school, and new members are always welcome!

For more information, or to request an application, please contact Cora Kilcoyne at Cora_Kilcoyne@ivgid.org or 832-1326. Check out our website at www.inclinerecreation.com

Volleyball Clinics - Grades 6th-9th - November 15 - December 8

Prepare for the upcoming middle school season. This clinic of seven one hour sessions open to boys and girls in grades 6th - 9th, will cover individual skills such as passing, setting, blocking and attacking. Offensive & defensive formation and team strategies will also be taught. Day: Mondays & Wednesdays. Date: November 15 - December 8 (no session Wed. 11/24). Time: 3:30pm - 4:30pm / 6th-7th grades. 4:30pm - 5:30pm / 8th-9th grades. Fee: \$81.25, w/IVGID Pass \$65. Location: Recreation Center Gym. Registration deadline: Friday, November 12th

For more information, or to register online, go to our website: www.inclinerecreation.com